



The Villager

Board of Directors Openings

Soon we must choose three new members to our Board of Directors. Yearly, two positions are open and will be filled at the annual meeting on April 16, 2020. We also had one member resign.

When I was first approached to be elected, my knowledge of board responsibilities was minimal. My response "I'll have to think it over". Puzzling to me was the fact that I had only been a resident for one year. Surely there were others better qualified. I can now say, in my judgment, that three words typify an ideal candidate: Dependable, Willing, and Objective. If you are interested in a position that presents the inner workings of our great Co-op and gives you the opportunity to serve, please talk to any board member. We will be happy to give details. The deadline to put your name into Jeffs office is by the March 19th board meeting.

On another note, our committees need new members. Sign-up sheets will be available until the 3rd Thursday of April. Think about the committee activity listed on page 4 of this newsletter and sign-up for the activity that you are most interested in. There will be a committee tailor-made for your interests and abilities. We need you to help keep our GVC up and running. Volunteers make the difference. (Marlyss Burch)

Census 2020

By mid March, you will receive your 2020 census form in the mail. It is important that everyone fill it out and then mail it back by April 8. If not, your name will be placed on a followup list and a census worker will come to our building and will help you fill it out. Because we are a secure building, it would be best if we could avoid having census workers come here, so please mail it in on time.

Missing Chair Cushion Mystery

During one of our Saturday evening movies, we noticed that a cushion was missing from one of the easy chairs surrounding the coffee table. We all had our imaginations running overtime trying to figure out the many possible ways that would cause one to disappear. Then on the first Thursday of February, Coffee with Jeff was conducted by Tom Kuhfeld and he told of the missing cushion in the club room and if any one has it, please return it. This caused a flash of light in Art Manders head and he went up to the train room to see if he had forgot to return it. And sure enough it was still there so he returned it. Now it was a mystery to where had the cushion been. Winnie was about ready to make a new one. Art finally told Larry Engholm that he was the culprit. Seems that Art was needing to make some repairs to the bottom of one of the train layouts and he borrowed the cushion to rest his head on and forgot to return it.

Did you know?

X-finity Cable provides Greenhouse Village with two local channels 990 and 991.

Channel 990 provides a hookup to a computer that is used to broadcast slides from a powerpoint presentation of bulletin board information.

The second **channel is 991** which is a live camera feed from the main entrance. You can look to see who is calling you to be let in. The neatest feature is the sign on the West wall. This sign is reset in the morning and when the mail person is finished delivering the mail, they change the position of the sign to the front indicating that the mail is in. This way you do not need to come down for your mail to see if it is in, you can look at Channel 991 to see the sign: Mail In or No Mail. (see pictures on the back page)

Noise By Any Other Name... Excerpts from an Article by Jim Mulder

Whether you live in a single-family home, townhome, condominium, cooperative, or apartment, one of the greatest challenges home builders, designers, and architects have is reducing and mitigating the transfer of noise from one room to another, one floor to another, or one unit to another. Why? The challenge comes from subjectively deciding what is an acceptable standard for sound transfer for buyers and renters versus the cost of construction.

The key concern of builders and owners is the issue of sound transference or the movement of sound from one medium to another such as the sound of a voice heard in the next room or the sound of someone walking on the floor above you. Builders' worries are focused in three areas: 1. sound absorption, 2. airborne sound transmission, and 3. impact sound transmission.

***1. Sound Absorption:** Builders need to know how well materials such as dry wall, insulation, and furnishings can absorb sound which lowers background noise levels and reduces reverberation in our homes. Items (furniture, curtains, pictures, etc.) and wall types (metal, block, stucco, plaster board, etc.) are key determining factors in sound absorption. An example of how sound absorption works is the difference between walking into an empty room versus one with furniture and wall hangings. Notice how sound seems to echo in the empty room.

***2. Airborne Sound Transmission:** Building materials serve as acoustical insulation and reduce the transmission of airborne sounds, such as voices and tv's, between rooms and units. Many multi-family buildings have double thick, insulated walls between units

which significantly reduce airborne sound transmission. Imagine life with walls the width of those found in changing rooms or in some no-tell motels (so I have been told).

***3. Impact Sound Transmission:** Impact sound transmission is the most challenging sound transfer issue faced by builders as they attempt to ensure the peace and quiet of every area in a building. Floor design and materials used in the floor are the most important elements in reducing impact sound transmission. Impact noises include such things as dropping a kitchen utensil or book, using a walker, and even the footsteps of walking from one room to another. Floor and ceiling make-up and floor coverings provide impact sound transmission reductions but they seldom eliminate all impact sound transfers.

The types of flooring and the flooring material used in a building is acoustically significant only in the determination of impact sound transmission. The building industry uses two recognized standards for measuring impact sound transmission which are Impact Insulation Class (IIC) and Sound Transmission Class (STC)). STC is a measurement that indicates how much noise is stopped (absorbed) by the wall or floor/ceiling assembly (airborne or voice noise). IIC is a measurement that indicates how much impact noise is stopped in a floor/ceiling assembly. The IIC-STC sound transfer measurement is rated on a 0-100 scale with the following break points:

- IIC-STC 40 --- Sound Proofing below most codes
- IIC-STC 50 --- International Building Code
- IIC-STC 60 --- Superior Sound Proofing
- IIC-STC 70 --- Virtually Sound Proof

(To Be Continued Next Issue)

NEW FACES AT GREENHOUSE

In 2019 at least 13 newcomers moved into Greenhouse Village. Because it's difficult for some of our old brains to adjust to this much change, we hope to profile new members in this and future issues of *The Villager*, thereby helping us all to know our new neighbors.

Iva Thelander is no longer the lone Nebraskan in our midst. She has been joined by **Judy Stuthman--W105**, who wonders if there are others here who have not yet claimed their Nebraska heritage. Early in her married life Judy and her family came to Minnesota because of her husband's position at the University of Minnesota in the Agronomy and Plant Genetics Department on the St. Paul Campus. The Stuthmans raised two daughters in their Roseville home where Judy continued to live for 51 years.

Judy emphasizes three meaningful work experiences in her life. For several years she worked at Southeast Asian Ministry at Christ Lutheran Church in St. Paul. Here she helped with the re-settlement of hundreds of Southeast Asian refugees who flooded into St. Paul in the 1970s and 80s. The arrival of a special-needs granddaughter took her in an entirely different direction as she helped her daughter with child care for several years. Since the early 1970s Judy has been an active member of the League of Women Voters, serving as state co-president some years back. Much of her work in the League has been with issues of immigration, culminating with her chairing the Minnesota League of Women Voters Immigration Study. She especially treasures memories of many naturalization ceremonies, where to this day she continues to register excited new citizens to vote.

Another newcomer, **Ginny Belisle—E227**, moved here from Forest Lake where she lived for the past 20 years. She was born and raised, however, in St. Paul where she became friends with GVC resident, Connie Dufresne, while they were in kindergarten. Since those early days Ginny married, raised a daughter, and engaged in a variety of work experiences: owning a restaurant called Bertha's Café on Snelling and Charles, working in accounts payable for Deluxe Check Printing, and also working for a company that manufactured hearing aid controls.

If you haven't seen much of Ginny since she moved here in October, it's because for the past three years she has worked part time as a Courier for the Red Cross. This involves driving a truck to transport supplies to blood donor sites here in the metro area, as well as smaller towns throughout the state. Her return trips bring the donated blood back to the St. Paul Headquarters. Ginny says she enjoys the independence provided by this sort of work, and she values the volunteers she meets at the blood donor sites, particularly those in small Minnesota towns. We are proud to know someone who is engaged in such vitally important work.

Here at Greenhouse Village, Ginny is the newest member of the domino-playing crowd and she says she's very happy to be here. Fun fact that Ginny shared: her French last name *Belisle* translates as beautiful island.

We extend a hearty welcome to both Judy and Ginny!

Interview by Joanne Karvonen

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W305

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E128

Spring is in the air! The Dairy Queen is open on Lexington and the Garden group has two ½ plots available. And speaking of Gardens, I was asked to include to rules for Composting Kitchen Waste and Weeds. This is part of the garden policy included in the black book of policies.

A. The Kitchen Waste Bin – ONLY for organic kitchen waste

The following guidelines apply:

- 1) No banana peels, avocado skins or pits
- 2) No meat, bones, whole eggs, or dairy products
- 3) No paper towels
- 4) No plastic, plant labels, plastic pots or pot bottoms
- 5) Crush eggshells into tiny pieces
- 6) Cut up large organic materials such as melon rinds, large vegetables, potatoes, or tomatoes into small pieces. Chopping materials into small pieces speeds up the decomposing process making compost available sooner for our gardeners.
- 7) Coffee filters should be wet when put into the compost bin.

B. The Weed Bin – for plant material: greens, plants, grass, and leaves for example.

Branches, twigs, and woody-stemmed plants should **not** be put into the bin. These should be placed into a large paper bag and placed at the end of the driveway. If the items are too large for the paper bag pile them at the end of the driveway and they will be delivered to the organic recycling facility off Pierce Butler Road.

There are two types of food residue collectors for the kitchen sink.

One is a soft red rubber model which makes it easy to remove food particles rinsed off of the dish. The other type is a stainless steel mesh which is harder to clean. Because we have removed all garbage disposers, one of these two are useful in preventing food scraps from going down the sink. Both of these are available at the Dollar Store.



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Greenhouse Village Cooperative, an over 55 independent living community

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